



Spring Green Resolution 2007

All Souls Church of Washington, DC



*"Respect for the interdependent web of all existence of which we are a part"
-the Seventh UU Principle*



I Declare my/our participation in this *Spring Green Resolution 2007*
and resolve to do the following from *each* category below:

In my/our PERSONAL/FAMILY life (check at least one – to be completed this year by Oct 1st)

See *reference sheet* for explanations of these and more ideas.

- Purchase at least 1 Fair Trade product (see our Fair Trade booth in Pierce Hall on 1st and 3rd Sundays!)
- Install at least 1 energy-saving light bulb (compact fluorescent)
- Replace hot water with cold or warm water when doing laundry – at least 4 times
- ‘Meatless Mondays’ (replace 1 meat meal a week with vegetarian food) – at least 4 times
- Move the thermostat up 2 degrees in the summer (or down 2 degrees in the winter) – for at least 1 month (even better: get a programmable thermostat to also adjust by 5+° when people are asleep or not home)
- Insulate home water heater (if it has no internal insulation already – check reference sheet for details)
- Other** (fill your own – see *reference sheet* for more ideas)

At ALL SOULS (check at least one – to be completed this year by Oct 1st)

***Coordinators for these projects will contact you. Provide both email and phone below.**

See *reference sheet* for details and other information.

- Trade at least 1 day of driving to ASC with greener methods (carpool*, bike, mass transit, walking)
- Help at least 1 time with Sunday Zero Trash lunch clean-up*
- Help at least 1 time with a church gardening event*
- Other** (fill your own – see *reference sheet* for more ideas)

In WORD and SPIRIT (to be completed within 2 weeks of submitting this form)

- Tell 3 others (at All Souls or beyond) about the Green Resolution and how you will accomplish it!

*The Seventh Principle Committee (Green Souls) will follow up with participants to tally the resolutions fulfilled. To be included, ENTER CLEARLY your contact information below. ****Both email & phone requested.***

Name:

Date:

People Covered by this Form:

Email:**

Phone:**

Tally results will be posted on our website. May we post your name?

Yes

No

ASC member

ASC active participant

ASC friend/visitor

Deadline for submission: May 1 -- BEFORE YOU SUBMIT, REMEMBER TO:

**1) Check at least one item in each category, 2) Provide both phone and email
Keep a copy of the form for yourself and fulfill your resolution by dates above.**

Paper forms to be collected in Pierce Hall on April Sundays at lunch (or Green Resolution slot at the Reception).
Forms available electronically at website below. Submit electronic forms to Lina Parikh at email address below.

**Sponsored by the Seventh Principle Committee (Green Souls) Website: www.all-souls.org/socialjustice/7thprinciple
Questions? Contact Lina Parikh at lparikh@yahoo.com or Kari Rowe at 301.277.5638**